



Monday

Tuesday

Wednesday

Thursday

Friday

			Meatballs & Gravy with WG Breadstick(21) Baked Green Beans(3) Fresh Apple slices(7) 1% White or FF Flavored Milk(18)	WG Pepperoni Pizza Slice(32) Baby Carrots w/ Ranch(6) Diced Peaches(15) 1% White or FF Flavored Milk(18)
402:765:50	402:765:50	402:765:50	1 402:765:50	2 720:1275:71
Oven Baked Chicken Nuggets w/ Goldfish Savory Carrots Coins(3) Fresh Apple(19) 1% White or FF Flavored Milk(18)	Crispy Popcorn Chicken w/ WW Dinner Roll(34) Romaine w/ Dressing(2) Diced Pears(14) 1% White or FF Flavored Milk(18)	Baked Savory Meat Loaf w/ WW Dinner Roll(25) Mashed Potato(15) Fresh Bananas(23) 1% White or FF Flavored Milk(18)	Turkey Dog with WW Bun(25) Baked Beans(280) Fresh Orange(19) 1% White or FF Flavored Milk(18)	WG Pepperoni Pizza Slice(32) Tossed Salad with Ranch(3) Mandarin Orange(20) 1% White or FF Flavored Milk(18)
5 501:710:70	6 757:1215:68	7 562:1229:81	8 1531:1522:343	9 739:1257:73
Beef Soft Taco on WW Tortilla(20) Mexican Pinto Beans(19) Pineapple Tidbits(17) 1% White or FF Flavored Milk(18)		Cheeseburger Macaroni w/ WW Dinner Roll(33) Fresh Broccoli & Ranch Dressing(3) Fresh Banana(23) 1% White or FF Flavored Milk(18)	Chef Salad w/ Breadstick(15) Tossed Saled with Ranch(3) Fresh Apple(19) 1% White or FF Flavored Milk(18)	WG Pepperoni Pizza Slice(32) Baby Carrots w/ Ranch(6) Fresh Orange(19) 1% White or FF Flavored Milk(18)
12 556:1072:75	13 618:1016:71	14 919:1422:78	15 656:1270:58	16 733:1265:75
Texas Chili w/ Cornbread(76) Potato Wedges(16) Fresh Apple(19) 1% White or FF Flavored Milk(18)				WG Pepperoni Pizza Slice(32) Baby Carrots w/ Ranch(6) Pineapple Tidbits(17) 1% White or FF Flavored Milk(18)
19 888:971:130	20 524:885:81	21 976:1132:98	22 1623:1334:342	23 723:1265:73
26	27	28	29	30



Thought for Thought
 No one can be right all of the time, but it helps to be right most of the time. - Robert Half

Tips & Information
 The summer solstice occurs exactly when the Earth's and the moon's axial tilt is most inclined towards the sun, at its maximum of 23° 26'. Though the summer solstice is an instant in time, the term is also colloquially used like Midsummer to refer to the day on which it occurs. Except in the polar regions (where daylight is continuous for many months), the day on which the summer solstice occurs is the day of the year with the longest period of daylight. The Sun reaches its highest position in the sky on the day of the summer solstice. Make the most of it - see you in September!

5/30/2017 10:00:55 AM
 Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
 AvgCals:731 AvgSod(mg):1095 AvgCarbs(g):99
 or: = An alternative selection to choose. *WG*=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.
****Menu Subject to Change****
 This institution is an equal opportunity provider.

